SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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			01.36		vesiment Cor	IIPAITY ACT OF 1940						
1. Name and Address of Reporting Person*				er Name and Ticke ISTOCK RE	0	ymbol S INC [CRK]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>ALLISON M JAY</u>						L _	X	Director	10% C	Dwner		
(Last) (First) (Middle) 5300 TOWN AND COUNTRY BLVD.				of Earliest Transac /2003	ction (Month/E	ay/Year)	Х	Officer (give title below) Chairma	Other below) an & CEO	(specify		
SUITE 500												
			4. If An	nendment, Date of	Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) FRISCO	TX	75034-					X	Form filed by One Form filed by Mor				
(City)	(State)	(Zip)						Person		3		
		Table I - No	n-Derivative S	ecurities Acq	uired, Dis	oosed of, or Benefic	cially (Owned				
1. Title of Security (Instr. 3) Date (Month/I				2A. Deemed Execution Date, if any	3. Transaction Code (Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial		

	(monunbuy) reary	(Month/Day/Year)	8)					Owned Following Reported	(I) (Instr. 4)	Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150. 4)
Common Stock	12/09/2003		М	v	20,000	A	\$3.4375	384,704	D	
Common Stock	12/09/2003		М	v	20,000	D	\$18.2	364,704	D	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Secu Acq (A) o Disp of (E	umber vative urities uired or oosed D) (Instr. and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options - 1996 C	\$11							04/01/1997	01/01/2006	Common Stock	800,000		800,000	D	
Stock Options - 1997 B	\$12.375							01/01/2002	01/01/2007	Common Stock	200,000		200,000	D	
Stock Options - 1998 B	\$3.4375	12/09/2003		М	v		20,000	04/01/1999	11/01/2007	Common Stock	20,000	\$0	90,000	D	
Stock Options - 1999	\$3.875							07/01/2000	07/01/2008	Common Stock	490,000		490,000	D	
Stock Options - 2000	\$8.875							07/01/2004	07/01/2009	Common Stock	135,000		135,000	D	
Stock Options - 2001	\$6.42							12/14/2001	01/01/2007	Common Stock	125,000		125,000	D	
Stock Options - 2001	\$6.42							07/01/2005	07/01/2010	Common Stock	135,000		135,000	D	
Stock Options - 2002	\$9.2							01/01/2004	01/01/2007	Common Stock	135,000		135,000	D	

Explanation of Responses:

Roland O. Burns (per 1/13/95 P.O.A.)

12/09/2003

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.